

Appreciate Someone Daily

I'm not a supporter of what I call, "Hallmark Holidays." which are all the various observances honoring mom, dad, grandparents, secretary, etc., etc. Before you get upset with me I must explain that my reason for non-support is my disagreement that only one particular day should be spent in appreciating these people in our lives. Card shops and mass media don't help remind us of our need to appreciate these people throughout the year. It's only a money making venture to them rather than a heartfelt attempt to help us maintain our relationships. When we set up one day to honor our closest relationships it makes it easy to justify not doing any more appreciating until next year's observance.

History shows a long celebration of mothers but in the United States it began primarily because of the work of Anna Jarvis who wanted to memorialize her mother for her years of work and service. President Woodrow Wilson signed a bill making Mother's Day a national observance in 1914. However, because of the commercialization of the holiday and what Anna Jarvis saw as a growing national greed in the place of heartfelt appreciation, she attempted to stop the observance and was arrested for disturbing the peace. She was said to have regretted working to start the observance.

This story illustrates how our best efforts and best intentions can be turned to a money making venture if someone thinks they can make money utilizing what we have meant for good. When it comes to sharing our appreciation with one another, if money is the driving force, we organize around the best way to bring in the bucks. If our efforts are truly for making those around us know we love them for who they are and what they mean to us than money never needs to be involved and one particular day to appreciate someone will never enter our minds. Let someone know you appreciate them and look for ways to do it everyday. Blessings!